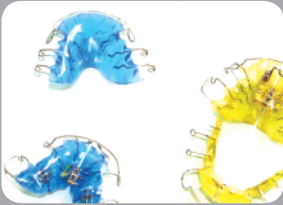


Removable braces

- The brace takes some getting used to at the beginning.
- You may produce more saliva and your speech may be affected in the first few days.



How long do I wear my brace?

- Wear your brace for at least 15 hours, whether day or night.
- If you have a brace for the upper and lower jaw, make sure they are always worn together.
- Braces with securing screws must be worn 24 hours a day. Even if you are in school.



How to keep it clean

- Use a toothbrush and toothpaste to clean the brace thoroughly twice daily [mornings and evenings].
- Please immediately clean or at least rinse your appliance on removal, to prevent saliva drying out on the brace and hardening.



Important - do not forget!

- Remove brace when eating and during sporting activities.
- Keep your brace in the brace case when you take your appliance out.
- Bring your brace with you to every appointment.



Please contact us immediately if the brace becomes loose or is damaged in any way.



■ A successful treatment in a planned period of time depends on the following factors!

Make sure you wear your brace ...

- as instructed, so that treatment time is not prolonged
- for at least 15 hours spread over a day and night
- If you have a brace for the upper and lower jaw, make sure they are always worn together
- Braces with securing screws must be worn 24 hours a day



Appointments!

- Attend appointments as advised, so that your treatment doesn't take longer than necessary
- Please contact us immediately, if your brace is damaged in any way



Do not forget!

- Take good care of your brace and always store it in its case
- Remove brace when eating
- Remove brace during sporting activities
- Bring your braces with you to every appointment



Keep it clean

- Use a toothbrush and toothpaste to clean the brace twice daily [mornings and evenings]



■ Beautiful even teeth - for a lifetime!



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